Online Safety Parent Guide

READY   RESPONSIBLE   SAFE

Great Linford Primary School

A quick guide on how to keep children safe online.

EYFS

ZIP IT

➤ Don't speak to strangers.
➤ Keep your private information to yourself.
➤ Be kind to people you know.
➤ Treat others how you want to be treated.
➤ Keep your password safe.

BLOCK IT

➤ Block and report strangers.
➤ Walk away from people being unkind.
➤ Think before you click.

FLAG IT

➤ Talk to a trusted adult if anything worries you.

TALK IT

➤ Agree house rules for all to follow.
➤ Chat about what your children like to do online.
➤ Talk about apps, what age they are for and your concerns.
➤ Open, calm channels of communication: the car is a good place to start.
➤ Talk to other parents.

GUIDE IT

➤ Install and regularly check parental controls on all devices.
➤ Check the PEGI age rating of apps or games.
➤ Control downloads and in app purchases.
➤ Discuss and check apps and games together.
➤ Keep devices out of bedrooms.

MODEL IT

➤ Don't share your account passwords.
➤ Explore together to show understanding.
➤ Model safe and responsible behaviours online.
➤ Consider what you share online: teach children they have control of their digital foot print. Don't over share your life: a private group is safer than social media.

App and Set up advice

Parent Zone

Guides to latest apps and news on the latest worrying trends.
www.parentzone.org.uk

Internet Matters

'How to Guides' for researching apps and any safety concerns. Conversation starters about online activity.
www.internetmatters.org

Common Sense Media

Guides on popular App positives and negatives, age guidance on apps.
www.commonsensemedia.org

Reporting

Talk to any member of staff if you have any concerns or would like any advice.

REPORT ABUSE
ceop.police.uk

REPORT HARMFUL CONTENT
REPORTHARMFULCONTENT.COM

Own devices

Ensure devices are safe for use. Think which devices can access the internet beyond just a computer i.e. smart watches, tablets, phones, games consoles.

1 - Broadband controls

Use Internet Matters guides to set up parental controls on your broadband router. You can set times when devices are allowed to access the internet and the websites they can access. Take the opportunity to set your own password.

2 - Parental controls

Set up parental controls on devices before giving them to children. Setting a password to control app downloads and in-app purchases. Also setting app permissions and screen time allowance.

Main concerns

What concerns might you have about internet access at home? Ensure settings have been checked as well as regularly checking account history and chat logs.

1 - Inappropriate content

This maybe cartoon violence, adult language or adult images.

2 - Inappropriate contact

One off or prolonged contact from strangers, either to bully or abuse.
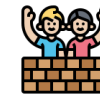
3 - Apps

E.g. All social media, Roblox, Fortnite, Youtube, Netflix.

All devices

What can we do to ensure safe behaviours and access across any devices?

1 - Set boundaries

It's never too early to start setting rules, agreeing when and where devices can be used, the apps allowed or suitable channels to watch. Once set, stand by them, it will pay off in the long run.

2 - Explore together

We know how easy it is to click on the wrong button or fall for a misleading thumbnail so it's important we explore the internet together. Supervising our children and exploring together allows us to safely show them all the great fun and useful things online with minimal risk. Reassure them that if they see anything upsetting, they should come and talk to you.

3 - Research

Before allowing children to play new apps or watch new channels, take time to research them for yourself and check you are happy with their suitability. Be aware that exposure to even mild adult themes can have an impact. Likewise, social media has an age rating of 13+ for a reason.

4 - Be involved

As you feel confident with their choices, keep them to using devices in the same room as you so you can keep an eye on their activities. Stay inquisitive about what they are doing and encourage them to share their enjoyment with you.