|  |  |  |  |
| --- | --- | --- | --- |
| Year 1 | | Fruits and Vegetables | Focus: Food Technology |
|  | | |
| Key Vocabulary | | | Key facts |
|  | | |  |
| Key knowledge | | |
|  | How to make a smoothie   1. Cut your fruit and vegetables 2. Add them to the blender with your favourite milk or juice. 3. Blend until smooth | |