

Physical Education – Long Term Overview 24-25

		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
T1 7	Indoor	EYFS Starter Unit	Dance <b>Toys</b>	Dance <b>Mini Beasts</b>	Dance <b>The Flintstones</b>	Swimming	Dance <b>Space</b>	Dance <b>Survival</b>
	Outdoor	Physical Literacy (movement) <b>Animal Magic</b>	EYFS Consolidation Physical Literacy (invasion) <b>Captain Flynn &amp; the Pirate Dinosaurs</b>	Year 1 Consolidation Physical Literacy (invasion) <b>Jake &amp; the Neverland Pirates</b>	Year 2 Consolidation Physical Literacy (invasion) <b>Peter Pan</b>	Basketball	Netball	Basketball
T2 7	Indoor	Physical Literacy (invasion) <b>Captain Flynn &amp; the Pirate Dinosaurs</b>	Gymnastics <b>Lego Marvel Superheroes</b>	Gymnastics <b>Lego DC Superheroes</b>	Gymnastics	Swimming	Gymnastics	Gymnastics
	Outdoor	Physical Literacy (net wall games) <b>Peppa Pig</b>	Physical Literacy (invasion) <b>Jake &amp; the Neverland Pirates</b>	Physical Literacy (movement) <b>At the Zoo</b>	Net Wall	Football	Hockey	Football
T3 6	Indoor	Athletics	Indoor fitness	Indoor fitness	Indoor fitness	Gymnastics	Indoor fitness	Indoor fitness <b>Goalball</b> <b>Experience: Disability Sport</b>
	Outdoor	Physical Literacy (striking & fielding)	Physical Literacy (movement) <b>Farmyard Fun</b>	Physical Literacy (invasion) <b>Peter Pan</b>	Handball	Outdoor fitness	Tag Rugby	Volleyball <b>Experience: Air Sports</b>
T4 6	Indoor	Indoor Fitness 1-6	Dance <b>Walk on the Wild Side</b> 1-6	Dance <b>Superheroes</b> 1-6	Dance <b>The Rainforest</b> 1-6	Dance <b>Gladiator</b> 1-6	Net/Wall: Badminton 8 (L1-4, 6, 8)	Dance <b>West Side Story</b>
	Outdoor	Outdoor Fitness	Outdoor fitness (KS1)	Outdoor fitness (KS1)	Netball	Net/Wall: Short Tennis	Boccia <b>Experience: Disability Sport</b> Ultimate Frisbee <b>Experience: Air Sports</b>	Tennis
T5 5	Indoor	Dance <b>Flash Dance</b>	Physical Literacy (Netters) <b>Toys</b>	Physical Literacy (Netters) <b>Toys</b>	Outdoor Fitness	Dance <b>Electricity</b>	Dance <b>Sports</b>	Athletics
	Outdoor	OAA <b>Early Years Explorers</b>	Athletics	Athletics	Athletics	Athletics	Athletics	Striking and fielding: Cricket
T6 7	Indoor	Gymnastics <b>Fireman Sam</b>	Physical Literacy (Striking and fielding)	Physical Literacy (Striking and fielding)	Striking and fielding	OAA <b>Superheroes</b>	OAA <b>Explorers</b>	Swimming
	Outdoor	Consolidation (sports day skills)	Athletics OAA <b>KS1 Explorers</b>	Athletics OAA <b>KS1 Explorers</b>	Athletics OAA <b>Superheroes</b>	Striking and fielding- cricket	Athletics Striking and fielding: Rounders	Striking and fielding: Cricket OAA