

Year 2

Spring 1

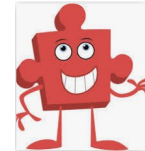
Dreams and Goals



PSHE overview

In our PSHE lessons this half term, we will be focusing on protecting and nurturing our mental health and looking at our own personal goals and dreams for the future. We will be applying our skills as great citizens to explore how we can plan to achieve our goals and realise our dreams.

How can we celebrate difference in our everyday lives?



National curriculum statements:

To know what a stereotype is and how stereotypes can be unfair, negative or destructive.

How to ask for advice for others or themselves and to keep trying until they are heard.

Knowledge	Skills
Know how to choose a realistic goal and think about how to achieve it	To be able to describe their own achievements and the feelings linked to this
Know that it is important to persevere	Recognise their own strengths as a learner
Know what good group work looks like	Recognise how working with others can be helpful
Know how to share success with other people	Be able to work effectively with a partner
	Be able to work as part of a group
	Recognise how it feels to be part of a group that succeeds and store this feeling

Key Vocabulary: Strength Persevere Challenge Difficult Achievement Easy
Hard Learning together Product Team work